



ATHLETIC CLEARANCE PROCESS

The California High School Athletics Department is now utilizing an on-line service to facilitate our student-athlete clearance process. Completing the clearance process through www.athleticclearance.com will provide an easier, safer, and more efficient method to collect and secure the necessary information and items that are required by our school and district. The website offers a very good tutorial video that should answer all of your questions, but below are a few important points that will help make the process quick and easy for you.

CREATE ACCOUNT / LOGIN TO THE SYSTEM

- NEW USERS - You will need to click on [register](#) for your first use. Please remember and/or write down your password and keep it, as you will need it for future use. As soon as you register, a confirmation email will be sent to you --- you need to open that email and click on the link to "activate" your account and begin your first clearance.
- RETURNING USERS – You will need to [login](#) using the username and password you used to create the account.

ONCE YOU ARE LOGGED IN -

- Select "Start New Clearance here" to start the process.
- Choose the school year "2020-2021", Select school "California -CIFSS", choose sport (select the sport student will be playing first). Athletes that play multiple sports will need to select additional sports that will be played during the school year when you get to the confirmation page of the clearance.
- Follow the directions and complete all required fields for Student Information, Educational History, Medical History and Signature Forms as accurately as possible.
 - All fields are required and you will not be able to move forward with blank fields. If you do not have a particular type of phone number (home, business, cell), then please re-enter a phone number that you do have.
 - If you have an existing account please update student information as needed.
- Physical Examination / Cards –
 - A copy of our Physical Card is attached, as is the hold harmless form. It is also available on the Student Information Page on the AthleticClearance.com site.
 - Once your athlete has completed a physical evaluation, you will need to upload a copy of the signed form onto the AthleticClearance.com site (Student Information page). Please keep your original Physical Form, as you will also need to submit it to the Activities Office in order to be officially cleared. To be valid, Physicals must be signed and dated after June 1st. Students will not be allowed to participate in practices, training, or games until all paperwork is completed, turned in, and signed off.
- If you have multiple student athletes, you will need to complete this process for each student. Once the first one is complete, click on the Start Clearance Process button to begin the second student.

COMPLETING THE CLEARANCE PROCESS

- **[Make sure to upload the completed front and backside of the physical card to the athletic clearance website. This year we will not be accepting paperwork in the office.](#)**

Please email Karen.anderson@wuhsd.org or call 562-698-8121 ext. 3010 with any questions that you have, or for any assistance. Thank you!

WHITTIER UNION HIGH SCHOOL DISTRICT
Whittier, California

PHYSICAL EXAMINATION

Grade _____

Student's Name _____ School _____

Height _____ Weight _____ Nutrition _____ Skin _____

Ears _____ Eyes _____ B.P. _____

Posture or Orthopedic Conditions _____ Teeth _____

Dental: Are there apparent cavities? _____

Is there a bridge or false teeth? _____

Nose and Throat _____ Glands _____ Heart _____ Hernia _____

Lungs _____

Neurological _____

Immunizations: D.T. _____ Polio _____

Measles _____ Rubella _____ Mumps _____ TBC _____

Findings significant to the school: _____

Recommendation for full participation in athletics: Yes _____ No _____

Date _____ Doctor's Signature _____

Doctor's Stamp _____

Doctor's Telephone _____

MEMO TO PARENTS AND PHYSICIANS

This physical examination form is designed to be as complete as possible. Its primary use is to obtain a health picture of your student for his/her protection. In the case of an athlete, we are interested in a doctor's recommendation for participation. IT IS NOT MANDATORY THAT THE ENTIRE PHYSICAL EXAMINATION FORM BE COMPLETED. Our feeling is that the physician is the best judge of this.

We would recommend that the information contained on the back side of the form be completed by each parent.

Student's Name _____

Birth Date _____

To evaluate the student's health, the parent or guardian is asked to answer the following questions:

1. History of any head injury? Yes _____ No _____
2. History of convulsions? Yes _____ No _____
3. History of broken bones or fractures? Yes _____ No _____
4. History of rheumatic fever, heart diseases or heart murmur? Yes _____ No _____
5. History of ruptured eardrum? Yes _____ No _____
6. History of hernia (rupture)? Yes _____ No _____
7. Do you know of any reason why this student should not participate in a full athletic program?

Note: Claims for dental benefits will not be paid if teeth are defective.

I have read the General Information Bulletin of the Myers-Stevens and Co., Inc. and agree to the provisions contained therein. I hereby give my consent for the above named (my son or daughter) to compete in sports and to go with a representative of the school on any trips. In case this pupil is injured, you are authorized to have him treated.

Signed _____ Date _____